County of Los Angeles – Department of Mental Health Office of Integrated Care

Decision Guide for Providing Tier 2 Services to Individuals with Healthy Way L.A.

Tier 2 services provide <u>Early Intervention</u> for mental health problems. Tier 2 services are directed toward individuals for whom a short duration (usually less than one year) and relatively low-intensity intervention is appropriate to measurably improve a mental health problem or concern very early in its manifestation, thereby avoiding the need for more extensive mental health treatment or services, or to prevent a mental health problem from getting worse.

This Decision Guide is meant to follow the Decision Guide for Assessing Appropriateness for Tier 1 or Tier 2 Services for Individuals with Healthy Way L.A. The Guide outlines the process for determining which Evidence-based Practice (EBP) is most appropriate for individuals determined to require Tier 2 services.

